

the insider

BIRTHDAYS IN SEPT.

Andrea Brock– Hitchcock—9/9
Amber Taylor—9/30



SEPT. WORK ANNIVERSARY

Madison Wallace—1yr.
Jake White—3yr.
Stephanie Archer—5yr.
Zach Campbell—12yr.
Carey Wright— 12yr.



DAISY AWARD

Congratulations to Madison Wallace as she is the recipient of the SPCA Cincinnati’s Daisy Award!



“I work on the Development Team as a Grant Writer. My job involves researching grant opportunities, writing grant proposals and applications to secure funding, helping to develop new programs, and submitting monthly data to Shelter Animals Count. The most interesting thing about my job at the SPCA is that grant writing is kind of like a puzzle. For each grant proposal I write, the process involves meeting with various teams to understand the needs and goals of each initiative, researching similar programs in our region, pulling PetPoint data to support our funding requests – and, of course, writing! My hobbies include nature photography, hand embroidery, camping, and laughing at my cats. I live in Norwood with my boyfriend, Kyle, and our two dogs – Lucy (a.k.a. Goose) and Jackson (a.k.a. Pickle) – and our two cats, Burt and Meeple. My favorite quote is from Margaret Mead.... *Never doubt that small group of thoughtful, committed citizens can change the world. Indeed, it’s the only thing that ever has.*” —Maddie

Thank you Maddie for all that you do!

IN-THE-KNOW The 18th Annual Fur Ball Gala A Virtual Hit!

The 18th Annual Fur Ball Gala was a digital success! For the first time in SPCA history this community event, the organization’s largest fundraiser, went virtual due to the public health crisis. There was no blueprint, and the outcome was uncertain. Nonetheless, ‘giving’ remained at the heart of the people in of Greater Cincinnati! **PAGE 2**



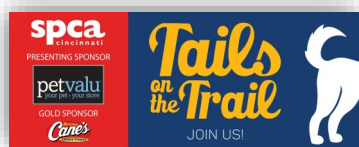
SEPT. AWARENESS

- ◆ National Pet Memorial Day — 9/8
- ◆ National Deaf Dog Week— Sept. 24—Oct. 1
- ◆ International Rabbit Day— Sept. 28



UPCOMING EVENTS

Saturday, Oct. 17, 2020



HR CORNER

Anyone employed with SPCA Cincinnati can find resources to assist with life events through EAP (the Employee Assistance Program)! Log-on now to obtain information on a variety of wellness topics. In order to use the website follow these steps: Go to www.anthemepap.com → Click on the Member log-in button → For the company name enter: **SPCA of Cincinnati.**

TOPIC: Changing Negative Thoughts About Yourself, PAGE 3...



Have an article you wish to add? Send to Nyketa Gaffney—Editor:

ngaffney@spcacincinnati.org.

The 18th Annual Virtual Fur Ball Gala

In an effort to move forward safely amid COVID-19, the **SPCA Cincinnati** decided to alter its 18th Annual Fur Ball Gala to a weeklong event! **The Great Catsby**, Presented by **IAMS™**, kicked off with a full week of Fur Ball virtual activities on Sunday, August 23, 2020, culminating with a LIVE show Saturday, August 29, 2020 at 6:00 p.m.

The **SPCA's** Fur Ball week allowed for a virtual experience where our organization was able to engage with a larger audience, opening the event to the masses for the very first time in the organization's history. The Gala continued in its tradition of excitement, entertainment and collective effort to save more animal lives here in the Greater Cincinnati area. The **SPCA** is proud to share with our community that because of the tremendous compassion displayed, we were able to raise **\$310,000.00** to further our mission in animal welfare!



A huge THANK YOU goes out to all of our Fur Ball sponsors, with a special thanks to IAMS™ & Swiffer! We are extremely grateful to our Fur Ball Chair, Karen Martin. To our board members, volunteers, and every staff member whose contribution is invaluable to the SPCA—BRAVO!

Thank you all for everything you do.





Changing Negative Thoughts About Yourself to Positive Ones

September is Suicide Awareness & Prevention Month. Let's talk depression...

This is a revisited topic. With all that has happened this year, discussing mental health and ways to overcome negative thoughts, depression, is imperative.

You may be giving yourself negative messages about yourself. Many people do. These are messages that you learned when you were young. You learned from many different sources, including other children, your teachers, family members, caregivers, even from the media, and from prejudice and stigma in society.

Once you have learned them, you may have repeated these negative messages over and over to yourself, especially when you were not feeling well or when you were having a hard time. You may have come to believe them. You may have even worsened the problem by making up some negative messages or thoughts of your own. These negative thoughts or messages make you feel bad about yourself and lower your self-esteem.

Some examples of common negative messages that people repeat over and over to themselves include: "I am a jerk," "I am a loser," "I never do anything right," "No one would ever like me." Most people believe these messages, no matter how untrue or unreal they are. They come up immediately in the right circumstance. For instance, if you get a wrong answer, you think, "I am so stupid." They may include words like *should*, *ought* or *must*. The messages tend to imagine the worst in everything, especially you, and they are hard to turn off or unlearn.

You may think these thoughts or give yourself these negative messages so often that you are hardly aware of them. Pay attention to them. Carry a small pad with you as you go about your daily routine for several days, and jot down negative thoughts about yourself whenever you notice them. Some people say they notice more negative thinking when they are tired, sick or dealing with a lot of stress. As you become aware of your negative thoughts, you may notice more and more of them...

For more on this topic:

VISIT THE EAP WEBSITE: www.anthemep.com:

"Monthly Promotion"

—Lori Fenner, HR Facilitator

SHELTER BUSINESS

1

The SPCA Helps ATL Humane Society!

Our shelter is expecting to receive 15+ displaced animals into our facility due to the recent hurricanes. Be on the lookout today between 2pm—4pm!



2

The K9 Expansion!

We're excited about the completion of our Kennel Expansion Project. Mark your calendar for Thur. Sept. 10th for our Ribbon Cutting Ceremony!



3

Don't Forget!

There is information on our website that is important to our community.

Be sure to send people to spcacincinnati.org today!



The SPCA Promotions & Campaigns

Tails of Cincinnati



Coffee Table Book of Cincinnati Pets



GET YOUR PET'S PICTURE IN A BOOK AND SUPPORT 

Susannah Maynard, CincyPet Magazine founder & publisher and owner of Pet Love Photography will be photographing local area pets for this publication. Be a part of something special!

For info, visit spcacincinnati.org/news

Visit TAILS OF CINCINNATI, to view more and BOOK your session in support of the SPCA!



50% of all booking fees benefit the **SPCA Cincinnati!**

Be sure to connect with [Tails of Cincinnati](#) on all social media platforms!

Support the **SPCA Cincinnati** by shopping online! We are now partnered with Purpose Driven Shopping; each time you make a qualifying purchase through participating retailers, **SPCA** will get a percentage of the purchase amount donated back to us. Find retailers' link you want to shop on our page and shop as you normally would!

If you use Google Chrome, you can also download the extension here:

<http://tiny.cc/h9ytpz>

A percentage of your purchase will automatically be donated to **SPCA**. When shopping on Amazon, be sure to go to Amazon Smile. Amazon will donate 0.5% of the price of your Amazon Smile Purchase to the **SPCA**. sign in to your account, choose "**SPCA Cincinnati**" as your supporting charity.





VOLUNTEER SERVICES

NEWS

Adoption Numbers: In the last week, we have had 47 adoptions (29 cats, 16 dogs, 2 small animal)!

EXPANSION GRAND OPENING: We are making the final touches to the expansion and will be having a grand opening/ribbon cutting on September 10th at 10am. **To attend, you must RSVP to me by September 7th.**

Fur Ball 2020 is officially in the books! It was a very successful event, and SPCA Cincinnati raised over \$300,000 for our mission and our animals. Thank you to all who participated, and an ongoing thank you to those helping out with the contactless silent auction item pickup.

Landscaping Help: We are asking for some assistance with landscaping for the new area **tomorrow, September 3rd.** If you can help, either let me know by this evening or sign up on Volgistics under Sharonville Maintenance/Landscaping. We will begin at 10am.

Labor Day: We will be closed this upcoming Monday the 7th for Labor Day!

Parking: Now that construction is complete, you can now park in the front parking lot again! Please only park in the back if you need to – space is becoming limited for employees and SPCA vehicles.

Courtyard/Patio Area: We have closed the courtyard with the turf due to the parasite issue we have been maintaining. Until further notice, please do not take any dogs to that courtyard. The concrete courtyard is still open for socialization and dogs who need to get their zoomies out.

Opportunities: We are still accepting volunteers for the following roles:

- Front Desk Assistance (contact dejones@spcacincinnati.org)
- Managed Admissions Assistance (contact dejones@spcacincinnati.org)

Dog Socialization – Just a reminder that if you have not undergone training for this role, you must contact kcheek@spcacincinnati.org before you can sign up for shifts. Please note that dogs in kennel 4 are not eligible for socialization – please do not take those dogs out unless directly instructed to. The dogs in kennel 4 are usually new arrivals or under medical treatment. These dogs are still eligible for walking teams.

Cat Photography – We have opened up one shift per day for cat photography. At this time, we cannot allow a helper due to social distancing guidelines. If you are interested in photography (experience and a camera is needed – phone photos should be avoided), please let me know!

Events:

September 7th: LABOR DAY - CLOSED

September 12th 12pm – 4pm: Fur Ball Silent Auction Item Pickup

September 12th 9am – 1pm: Kroger for Your Pets Mobile Adoption Unit

September 19th: New Volunteer Orientation

October 3rd: New Volunteer Orientation

October 17th: New Volunteer Orientation

October 17th: Tails on the Trail (Virtual event)

—Erin Lawson, Volunteer Services Manager and Foster Coordinator